Dinner Specials ~ Monday, May 13, 2024
12 Credits ~ Includes choice of starter or salad, entrée \& dessert

## STARTERS

German Sausage and Barley (D)
Parsnip, Carrot and Apple (GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

## DESSERTS

Crème Bruleé Cheesecake (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

## Teriyaki Chicken (GF/DF) *

Chicken thighs, brown sugar, soy sauce, rice vinegar, sesame oil, ginger, garlic, cilantro lime rice (GF/DF/OF), and cold sesame cabbage slaw (DF).

## Cilantro Citrus Shrimp (GF/DF) $\downarrow$

 Shrimp, lime juice, orange juice, lime zest, cilantro, olive oil, cilantro lime rice (GF/DF/OF), sesame miso roasted broccolini (GF/DF).
## Vegan Sticky Tofu (GF/DF/OF/VE)

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Tofu, rice, vinegar, sugar, tomato paste, soy sauce, cornstarch, sesame seeds, brown rice, and steamed green beans.

## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.

## STARTERS

## Beef Stroganoff (D)

Celery Soup (GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

## DESSERTS

Crème Bruleé Cheesecake (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

## Salmon with Tomato Cream Sauce (GF/D/A)

Salmon, butter, shallots, wine, tomatoes, kale, cream, parmesan, parmesan black pepper rice pilaf (GF/D), and roasted cauliflower with pine nuts and parmesan (GF/D).

## Tuscan Flank Steak with Chimichurri (GF/DF) *

Flank steak, balsamic, shallots, red peppers, rosemary, oregano, smashed red bliss potatoes (GF/D), and grilled asparagus (GF/DF).

## Tuscan Grilled Tempeh with Chimichurri (GF/DF/VE) *

 Tempeh, balsamic, soy sauce, shallots, garlic, brown rice, and steamed asparagus.
## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.

12 Credits ~ Includes choice of starter or salad, entrée \& dessert

## STARTERS

Turkey and Wild Rice (GF/D)
Cashew Pea
(GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

## DESSERTS

Lemonade Layer Cake (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

Turkish Chicken and Rice (GF/D)
Chicken breast, cardamom, cumin, garlic, mint, yogurt, roasted harissa and sesame potatoes (GF/DF), and Moroccan stewed zucchini (GF/DF).

## Moroccan Style Baked Cod (GF/DF)

Cod, garlic, tomato, red peppers, chickpeas, cilantro, paprika, lemon, spiced couscous (DF), and orange and tahini glazed beets (GF/DF/OF).

## Quinoa Tabouli Stuffed Tomatoes (GF/DF/OF/VE) **

Tomatoes, quinoa, onions, zucchini, red peppers, basil, Rice-Chex, brown rice, and steamed cauliflower.

## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.

Dinner Specials ~ Thursday, May 16, 2024

12 Credits ~ Includes choice of starter or salad, entrée \& dessert

## STARTERS

Chicken Tikka Masala (GF/DF)
Mulligatawny (GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

## DESSERTS

Lemonade Layer Cake (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

## Chicken Mole (GF/DF/Nuts) *

Chicken thighs, tomatoes, coffee, chocolate, cherries, scallion rice pilaf (GF/DF), and stewed cauliflower (GF/DF).

## Lamb Barbacoa (GF/DF) *

Lamb, onions, peppers, garlic, chili powder, oregano, apple cider vinegar, lima bean and hominy sauté (GF/DF), and roasted Brussels sprouts (GF/DF).

Black Bean and Rice Stuffed Peppers (GF/D/VG) *
Green peppers, rice, onions, black beans, cumin, cheese, brown rice, and steamed zucchini and yellow squash.

## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.
(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free Low Carb \& Low Sodium $\vee$ Low Fat

12 Credits ~ Includes choice of starter or salad, entrée \& dessert

## STARTERS

New England Clam Chowder (D)
Winter Harvest (GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

## DESSERTS

Chocolate Chip Pecan Pie (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

## Mushroom Braised Pork Chops (D/A)

Bone-in pork chops, flour, garlic powder, shallots, mushrooms, wine, cream, roasted fingerling potatoes (GF/DF), lemon and dill roasted carrots (GF/D).

## Beef Bourguignon (GF/A) *

Chuck beef, bacon, onions, marinara sauce, red wine, mushrooms, roasted fingerling potatoes (GF/DF), and peas in onion cream (D).

## Vegan Bourguignon (GF/DF/VE/A)

Mushrooms, tofu, red wine, mushroom broth, carrots, onions, brown rice, and steamed broccoli.

## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.

## RIVERVIEW

Dinner Specials ~ Saturday May 18, 2024
12 Credits ~ Includes choice of starter or salad, entrée \& dessert

## STARTERS

Chicken and Dumpling (D)
Zesty Bean (GF/DF/OF/VE)
Shrimp Cocktail (GF/DF)

## SALADS

Garden Salad
Crunchy Salad
Caesar Salad (D)

DESSERTS
Chocolate Chip Pecan Pie (D)
Fruit of the Day
Ice Cream
Gluten-Free Chocolate Torte (GF/D)

## ENTREES

## Chicken Fricassee (D) *

Chicken, butter, onions, carrots, carrots, flour, peas, heavy cream, rice pilaf (GF/DF), roasted broccoli (GF/DF).

## Yankee Pot Roast (GF/DF/A)

Chuck roast, onions, carrots, paprika, red wine, mashed potatoes (GF/D), and kale gratin (D).

## Soy Curl Fricassee (GF/DF/OF/VE)

Soy curls, onions, celery, carrots, vegetable stock, peas, coconut milk, vegan mashed potatoes, and steamed peas.

## Rotisserie Chicken (GF)

Dark or white meat, baked or sweet potato, and steamed spinach.

## Entrée Salad

Choice of salad as an entrée, with choice of chicken breast, salmon, or tempeh.

