



Lunch Menu • Sunday, May 12, 2024

Closed

# WATERFALLS

Lunch Menu • Monday, May 13, 2024

8 Credits

## Starters

- German Sausage and Barley (D)**  
**Parsnip, Carrot and Apple (GF/DF/OF/VE)**
- House-Made Chili**
- Garden Salad Bar**

## Entrees

- Greek Chicken Salad Wrap (D)**  
Garlic herb tortilla, cucumbers, green peppers, feta cheese, red onions, chicken, and olive tapenade.
- Greek Tofu Wrap (DF/VE)**  
Garlic herb tortilla, cucumbers, green peppers, red onions, tofu, and olive tapenade.

## Sides

- Brown Rice**
- Steamed Vegetable Medley**
- Steamed Spinach**
- Roll or Cornbread**

## Dessert

- Peanut Butter Cookies (D)**
- Mixed Fruit**

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy  
(A) Contains Alcohol • (OF) Oil-Free

# WATERFALLS

Lunch Menu • Tuesday, May 14, 2024

8 Credits

## Starters

**Beef Stroganoff (D)**

**Celery Soup (GF/DF/OF/VE)**

**House-Made Chili**

**Garden Salad Bar**

## Entrees

**Beef Tostada (GF/D)**

Seasoned ground beef, pinto beans, lettuce, tomato, sour cream, salsa, shredded cheese, cotija, and fried corn tortilla.

**Impossible Tostada (GF/D/VG)**

Seasoned impossible beef, pinto beans, lettuce, tomato, sour cream, salsa, shredded cheese, cotija cheese, and fried corn tortilla.

Note: Vegan Option Available

## Sides

**Brown Rice**

**Steamed Vegetable Medley**

**Steamed Spinach**

**Roll or Cornbread**

## Dessert

**Peanut Butter Cookies (D)**

**Mixed Fruit**

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# WATERFALLS

Lunch Menu • Wednesday, May 15, 2024

8 Credits

## Starters

**Turkey and Wild Rice (GF/D)**

**Mulligatawny (GF/DF/OF/VE)**

**House-Made Chili**

**Garden Salad Bar**

## Entrees

**Thai Yellow Curry with Chicken (GF/DF)**

Chicken thighs, Yukon potatoes, carrots, green and red peppers, yellow curry, and jasmine rice.

**Thai Yellow Curry with Soy Curls (GF/DF/VE)**

Soy curls, Yukon potatoes, carrots, green and red peppers, yellow curry, and jasmine rice.

## Sides

**Brown Rice**

**Steamed Vegetable Medley**

**Steamed Spinach**

**Roll or Cornbread**

## Dessert

**White Chocolate Chip Brownies (D)**

**Mixed Fruit**

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# WATERFALLS

Lunch Menu • Thursday, May 16, 2024

8 Credits

## Starters

**Chicken Tikka Masala (GF/DF)**

**Mulligatawny (GF/DF/OF/VE)**

**House-Made Chili**

**Garden Salad Bar**

## Entrees

**Ham and Gruyere Crepes with Dijon Garlic Cream Sauce (D)**

Ham, Gruyere, cream, Dijon, chives, tarragon, butter, milk, eggs, and garlic.

**Mushroom and Gruyere Crepes with Dijon Cream Sauce (D/VG)**

Dijon, chives, Gruyere, tarragon, butter, milk, eggs, mushrooms, shallots, and garlic.

## Sides

**Brown Rice**

**Steamed Vegetable Medley**

**Steamed Spinach**

**Roll or Cornbread**

## Dessert

**White Chocolate Chip Brownies (D)**

**Mixed Fruit**

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# WATERFALLS

Lunch Menu • Friday, May 17, 2024

8 Credits

## Starters

**New England Clam Chowder (D)**

**Winter Harvest (GF/DF/OF/VE)**

**House-Made Chili**

**Garden Salad Bar**

## Entrees

**Santa Fe Chicken Salad (GF/DF)**

Chicken breasts, romaine, black beans, tortilla strips, corn, cherry tomatoes, red peppers, onions, cilantro, avocado, and chipotle lime vinaigrette.

**Santa Fe Tempeh Salad (GF/DF/VE)**

Tempeh, romaine, black beans, tortilla strips, corn, cherry tomatoes, red peppers, onions, cilantro, avocado, and chipotle lime vinaigrette.

## Sides

**Brown Rice**

**Steamed Medley**

**Steamed Spinach**

**Roll or Cornbread**

## Dessert

**Ginger Raisin Cookies (D)**

**Mixed Fruit**

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# WATERFALLS

Lunch Menu • Saturday, May 18, 2024

8 Credits

## Starters

**Chicken and Dumpling (D)**

**Zesty Bean (GF/DF/OF/VE)**

**House-Made Chili**

**Garden Salad Bar**

## Entrees

**Sausage and Pepper Polenta Bake (GF/D)**

Polenta, red pepper flakes, butter, parmesan, heavy cream, Italian sausage, green peppers, red peppers, onions, garlic, marinara sauce, and mozzarella.

**Impossible Sausage and Pepper Polenta Bake (GF/D/VG)**

Polenta, red pepper flakes, butter, parmesan, heavy cream, impossible sausage, green peppers, red peppers, onions, garlic, marinara sauce, and mozzarella.

## Sides

**Brown Rice**

**Steamed Vegetable Medley**

**Steamed Spinach**

**Roll or Cornbread**

## Dessert

**Ginger Raisin Cookies (D)**

**Mixed Fruit**

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