



WHITE OAK GRILL

Dinner Specials ~ Sunday, May 12, 2024

Soups Chef's Choice Entrees

Chicken Murphy (DF/A) 7

Chicken thighs, onions, eggs, flour, green peppers, red peppers, wine, roasted marbled potatoes, and steamed Swiss chard.

Italian Pork Roast (GF/DF) 7

Pork roast, onions, carrots, fire roasted tomatoes, roasted marbled potatoes, and steamed Swiss chard.

Eggplant Lasagna (D/VG) 7

Eggplant, marinara sauce, Ricotta cheese, parmesan, noodles, and steamed Swiss chard.

Dessert Chef's Choice 3 Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulée
- Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free



WHITE OAK GRILL

Dinner Specials ~ Monday, May 13, 2024

Soups

- German Sausage and Barley (D) 2/3**
- Parsnip, Carrot, and Apple (GF/DF/OF/VE) 2/3**

Entrees

- Teriyaki Chicken (GF/DF) 7**
Chicken thighs, brown sugar, soy sauce, rice vinegar, sesame oil, ginger, garlic, cilantro lime rice (GF/DF/OF), and steamed green beans.
- Cilantro Citrus Shrimp (GF/DF) 7**
Shrimp, lime juice, lime zest, cilantro, olive oil, cilantro lime rice (GF/DF/OF), and steamed green beans.
- Vegan Sticky Tofu (GF/DF/OF/VE) 7**
Tofu, rice vinegar, sugar, tomato paste, soy sauce, cornstarch, sesame seeds, cilantro lime rice (GF/DF/OF), and steamed green beans.

Dessert

Crème Bruleé Cheesecake (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulée
- Gluten-Free Chocolate Torte

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WHITE OAK GRILL

Dinner Specials ~ Tuesday, May 14, 2024

Soups

Beef Stroganoff (D) 2/3

Celery Soup (GF/DF/OF/VE) 2/3

Entrees

Salmon with Tomato Cream Sauce (GF/D/A) 7

Salmon, butter, shallots, wine, tomatoes, kale, cream, parmesan, parmesan and black pepper rice pilaf (GF/D), steamed asparagus.

Tuscan Flank Steak with Chimichurri (GF/DF) 7

Flank steak, balsamic, shallots, red peppers, rosemary, oregano, parmesan and black pepper rice pilaf (GF/D), and steamed asparagus.

Tuscan Grilled Tempeh with Chimichurri (GF/DF/VE) 7

Tempeh, balsamic, soy sauce, shallots, garlic, black pepper, parsley, parmesan and black pepper rice pilaf (GF/D), and steamed asparagus.

Dessert

Crème Bruleé Cheesecake (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Wednesday, May 15, 2024

Soups

Turkey and Wild Rice (GF/D) 2/3

Cashew Pea (GF/DF/OF/VE) 2/3

Entrees

Turkish Chicken and Rice (GF/D) 7

Chicken breast, cardamom, cumin, garlic, mint, yogurt, spiced couscous (DF), and steamed cauliflower.

Moroccan Style Baked Cod (GF/DF) 7

Cod, garlic, tomato, red peppers, chickpeas, cilantro, paprika, lemon, spiced couscous (DF), and steamed cauliflower.

Quinoa Tabouli Stuffed Tomatoes (GF/DF/OF/VE) 7

Tomatoes, quinoa, onions, zucchini, red peppers, basil, Rice-Chex, spiced couscous (DF), and steamed cauliflower.

Dessert

Lemonade Layer Cake (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Thursday, May 16, 2024

Soups

Chicken Tikka Masala (GF/DF) 2/3

Mulligatawny (GF/DF/OF/VE)

Entrees

Chicken Mole (GF/DF/Nuts) 7

Chicken thighs, tomatoes, coffee, chocolate, cherries, lima bean and hominy sauté (GF/DF), and steamed zucchini and yellow squash.

Lamb Barbacoa (GF/DF) 7

Lamb, onions, peppers, garlic, chili powder, oregano, apple cider vinegar, lima bean and hominy sauté (GF/DF), and steamed zucchini and yellow squash.

Black Bean and Rice Stuffed Peppers (GF/D/VG) 7

Green peppers, rice, onions, black beans, cumin, cheese, lima bean and hominy sauté (GF/DF), and steamed zucchini and yellow squash.

Dessert

Lemonade Layer Cake (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Friday, May 17, 2024

Soups

New England Clam Chowder (D) 2/3

Winter Harvest (GF/DF/OF/VE) 2/3

Entrees

Mushroom Braised Pork Chops (D/A) 7

Bone-in pork chops, flour, garlic powder, shallots, mushrooms, wine, cream, roasted fingerling potatoes (GF/DF), and steamed broccoli.

Beef Bourguignon (GF/A) 7

Chuck beef, bacon, onions, marinara sauce, red wine, mushrooms, roasted fingerling potatoes (GF/DF), and steamed broccoli.

Vegan Bourguignon (GF/DF/VE/A) 7

Mushrooms, tofu, red wine, mushroom broth, carrots, onions, roasted fingerling potatoes (GF/DF), and steamed broccoli.

Dessert

Chocolate Chip Pecan Pie (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulée
- Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Saturday, May 18, 2024

Soups

- Chicken and Dumpling (D) 2/3**
- Zesty Bean (GF/DF/OF/VE) 2/3**

Entrees

Chicken Fricassee (D) 7

Chicken butter, onions, carrots, flour, peas, cream, mashed potatoes (GF/D), and steamed peas.

Yankee Pot Roast (GF/DF/A) 7

Chuck roast, onions, carrots, paprika, red wine, mashed potatoes (GF/D), and steamed peas.

Soy Curl Fricassee (GF/DF/OF/VE) 7

Soy curls, onions, celery, carrots, vegetable stock, peas, coconut milk, mashed potatoes (GF/D), and steamed peas.

Dessert

Chocolate Chip Pecan Pie (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulee
- Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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