



WHITE OAK GRILL

Dinner Specials ~ Sunday, June 4, 2023

Soups

Chef's Choice

Entrees

Salisbury Steak (D) 7

Beef, eggs, onions, breadcrumbs, butter, mashed potatoes and green beans.

Herb Roasted Chicken (GF/DF) 7

White or dark chicken, parsley, rosemary, thyme, mashed potatoes and green beans.

Asparagus and Goat Cheese Frittata (D/VG) 7

Eggs, cream, cheese, asparagus, goat cheese and green beans.

Dessert

Chef's Choice 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free



WHITE OAK GRILL

Dinner Specials ~ Monday, June 5, 2023

Soups

Chicken Noodle (D) 2/3

Curried Lentil and Apricot (GF/DF/OF/VE) 2/3

Entrees

Baja Chicken and Mango Ginger Salsa (GF/DF) 7

Chicken breast, red pepper, cilantro, mango, scallion rice pilaf and broccoli.

Beef and Cheese Stuffed Peppers (GF/D) 7

Green peppers, rice, ground beef, marinara sauce, cheese and broccoli.

Impossible Beef and Rice Stuffed Peppers (GF/D/VG) 7

Impossible beef, green peppers, rice, marinara sauce, cheese, and broccoli.

Dessert

Lemon Leche Cake (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Tuesday, June 6, 2023

Soups

- Creamy Potato and Bacon (D) 2/3**
- Red Pepper and Tomato (GF/DF/OF/VE) 2/3**

Entrees

Blackened Shrimp (GF/DF) 7

Shrimp, spices, lemon and dill roasted potatoes and zucchini and yellow squash.

Beef Medallions and Mushroom Sauce (D) 7

Beef, mushrooms, onions, lemon and dill roasted potatoes and zucchini and yellow squash.

White Bean and Kale Ragout (GF/DF/OF/VE) 7

Onions, kale, tomatoes, beans, lemon and dill roasted potatoes and zucchini and yellow squash.

Note: Parmesan Topping Optional

Dessert

Lemon Leche Cake (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Wednesday, June 7, 2023

Soups

Tomato Basil Bisque (D) 2/3

Black Eyed Pea (GF/DF/OF/VE) 2/3

Entrees

Roasted Turkey and Gravy (D) 7

Turkey, herbs, butter, gravy, herbed rice pilaf and cabbage.

Baked Sole Almondine (GF/DF/Nuts) 7

Sole, almonds, butter, lemons, herbed rice pilaf and cabbage.

Baked Quinoa Stuffed Tomatoes (GF/DF/OF/VE) 7

Tomatoes, quinoa, onions, zucchini, red peppers and cabbage.

Dessert

Banana Cream Pie (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

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WHITE OAK GRILL

Dinner Specials ~ Thursday, June 8, 2023

Soups

Zuppa Toscana (D) 2/3

Watermelon Gazpacho (GF/DF/OF/VE) 2/3

Entrees

Chicken Kiev (D) 7

Chicken breast, dill, chives, eggs, panko, red smashed potatoes and carrots.

Spring Pork Stew (GF/DF) 7

Pork, rice, zucchini, squash, peppers, tomatoes, red smashed potatoes and carrots.

Cauliflower Steak Scallopini (GF/DF/OF/VE) 7

Cauliflower, mushrooms, herbs, red smashed potatoes and carrots.

Dessert

Banana Cream Pie (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

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WHITE OAK GRILL

Dinner Specials ~ Friday, June 9, 2023

Soups

Lobster Bisque (D/A) 2/3

Carrot and Ginger (GF/DF/OF/VE) 2/3

Entrees

Flank Steak and Tomato Chimichurri (GF/DF) 7

Flank steak, tomato, parsley, fingerling potatoes and cauliflower.

Grilled Salmon and Tomato Chimichurri (GF/DF) 7

Salmon, tomatoes, parsley fingerling potatoes and cauliflower.

Spinach Stuffed Portobello (GF/DF/OF/VE/Nuts) 7

Mushrooms, spinach, onions, walnuts, fingerling potatoes and cauliflower.

Dessert

White Chocolate and Lemon Tart (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Saturday, June 10, 2023

Soups

Chicken Artichoke (GF/DF) 2/3

Kale and White Bean (GF/DF/OF/VE) 2/3

Entrees

Cod Oreganato (GF/D) 7

Cod, onions, basil, oregano, spiced couscous and asparagus.

Chermoula Grilled Lamb Chops (GF/DF) 7

Lamb chops, cilantro, lemon, paprika, spiced couscous and asparagus.

Chermoula Grilled Tofu and Vegetable Skewers (GF/DF/VE) 7

Tofu, vegetables, cilantro, lemon, paprika, spiced couscous and asparagus.

Dessert

White Chocolate and Lemon Tart (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady