

# Nutrition Facts

Serving Size  
8.0 fl oz

Calories  
per serving **330**

Amount/serving	% DV	Amount/serving	% DV
<b>Total Fat</b> 21g	<b>27%</b>	<b>Total Carb.</b> 25g	<b>9%</b>
Saturated Fat 12g	<b>60%</b>	Fiber 2g	<b>7%</b>
<i>Trans Fat</i> 0g		Total Sugars 5g	
<b>Cholesterol</b> 90mg	<b>30%</b>	Incl.0g Added Sugars	<b>0%</b>
<b>Sodium</b> 600mg	<b>26%</b>	<b>Protein</b> 10g	
Vitamin D 8% · Calcium 10% · Iron 6% · Potassium 8%			

## Cajun Shrimp & Corn Chowder

Ingredients: milk, potatoes, shrimp, celery, heavy cream, flour, unsalted butter, yellow onion, bacon, corn, green bell pepper, green onion, low sodium chicken base, lemon juice, shrimp base, low sodium vegetable base, parsley, garlic, cajun seasoning, thyme, paprika, bay leaf

Contains Fish, Milk, Shellfish, Soy, Wheat