

# Celery Soup

## Nutrition Facts

Serving Size

8.0 fl oz

**Calories**

**70**

**% Daily Value\***

**Total Fat** 1.5g **2%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 140mg **6%**

**Total Carbohydrate** 11g **4%**

Dietary Fiber 2g **8%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

**Protein** 2g

Vit. D 0mcg 0%

Calcium 42mg 4%

Iron 1mg 6%

Potas. 340mg 8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** celery, yellow onion, potatoes, parsley, water, low sodium vegetable base, unsalted cashews, chia seeds, fresh dill, garlic, nutritional yeast, white pepper, lemon juice, kosher salt, onion powder spice, bay leaf, black pepper

**Contains Tree nuts (Cashew)**