## Lemon & Dill Roasted Carrots Nutrition Facts

Serving Size

4.0 oz (113g)

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Ca	Or	ies

160

Potas. 350mg 8%

<u> </u>	100
	% Daily Value*
Total Fat 14g	18%
Saturated Fat 9g	44%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 230mg	10%
Total Carbohydrate 10g	4%
Dietary Fiber 3g	9%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 1g	
Vit. D 1mcg 2%	Calcium 49mg 4%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: carrot, unsalted butter, lemon juice, fresh dill, kosher salt, black pepper

Contains Milk

Iron 1mg 4%