

Mashed Potatoes

Nutrition Facts

Serving Size

4.0 oz (113g)

Calories

160

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 20mg **6%**

Sodium 150mg **6%**

Total Carbohydrate 23g **8%**

Dietary Fiber 2g **9%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 3g

Vit. D 0mcg 0%

Calcium 33mg 4%

Iron 0mg 4%

Potas. 570mg 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: potatoes, gold potatoes, cream, unsalted butter, kosher salt, white pepper

Contains Milk