Nutrition	Amount/serving	% DV	Amount/serving	% DV
Facts	Total Fat 0g	0%	Total Carb. 17g	6%
	Saturated Fat 0g	0%	Fiber 3g	12%
Serving Size	Trans Fat 0g		Total Sugars 9g	
8.0 fl oz	Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
	Sodium 140mg	6%	Protein 2g	
Calories per serving 80	Vitamin D 0% · Calo	ium 6% ·	Iron 4% · Potassium 8%	6

Cabbage & Apple Soup

Ingredients: water, yellow onion, cabbage, red cabbage, granny smith apple, carrot, apple cider vinegar, low sodium vegetable base, brown sugar, garlic, orange zest, caraway spice, ground cinnamon, ground cloves, ground nutmeg, ground allspice