



Lunch Menu • Sunday, April 21, 2024

Closed

WATERFALLS

Lunch Menu • Monday, April 22, 2024

8 Credits

Starters

Cock-a-Leekie (GF/D)

Kale and White Bean (GF/DF/OF/VE)

House-Made Chili

Garden Salad Bar

Entrees

Chicken Parmesan Sandwich (D)

Chicken breasts, panko, tomato sauce, cheese, and ciabatta roll.

Eggplant Parmesan Sandwich (D/VG)

Eggplant, panko, tomato sauce, cheese, and ciabatta roll.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Ranger Cookies (D)

Mixed Fruit

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free

WATERFALLS

Lunch Menu • Tuesday, April 23, 2024

8 Credits

Starters

Polenta with Kale and Parmesan (GF/D/VG/A)

Mushroom Barley (DF/OF/VE)

House-Made Chili

Garden Salad Bar

Entrees

Ground Beef Tacos (D)

Seasoned beef, onions, peppers, cheese, tomatoes, flour tortilla, and sour cream, salsa, and guacamole on the side.

Impossible Beef Tacos (D/VG)

Impossible beef, onions, peppers, tomatoes, cheese, flour tortilla, and sour cream, guacamole, and salsa on the side.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Ranger Cookie (D)

Mixed Fruit

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WATERFALLS

Lunch Menu • Wednesday, April 24, 2024

8 Credits

Starters

Creamy Potato and Bacon (D)

Greek Spinach (GF/DF/OF/VE)

House-Made Chili

Garden Salad Bar

Entrees

Bourbon Chicken Stir-Fry (GF/DF/A)

Chicken thighs, whiskey, green onions, cabbage, five-spice powder, hoisin, brown sugar, and jasmine rice.

Bourbon Soy Curl Stir-Fry (GF/DF/VE/A)

Soy curls, whiskey, green onions, cabbage, five-spice powder, hoisin, brown sugar, and jasmine rice.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Toffee Brownies (D)

Mixed Fruit

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WATERFALLS

Lunch Menu • Thursday, April 25, 2024

8 Credits

Starters

Chicken and Dumpling (D)

Hungarian Mushroom (D/A/VG)

House-Made Chili

Garden Salad Bar

Entrees

Bacon and Pimento Macaroni and Cheese (D)

Macaroni, bacon, pimento cheese, cheddar, Gruyere, Parmesan, bechamel sauce, and chives.

Vegan Pimento and “Bacon” Macaroni and Cheese (GF/DF/VE)

Vegan bechamel sauce, oat milk, stock, rice flour, nutritional yeast, nutmeg, miso, vegan bacon, and pimento.

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Toffee Brownies (D)

Mixed Fruit

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WATERFALLS

Lunch Menu • Friday, April 26, 2024

8 Credits

Starters

New England Clam Chowder (D)

Mediterranean Split Pea (GF/DF/OF/VE)

House-Made Chili

Garden Salad Bar

Entrees

Citrus Roasted Shrimp and Avocado Salad (GF/DF/Nuts)

Shrimp, citrus, red onions, almonds, avocado, spring mix, and oranges.

Citrus Roasted Tofu and Avocado Salad (GF/DF/VE/Nuts)

Citrus, tofu, spring mix, red onions, almonds, avocado, and oranges.

Sides

Brown Rice

Steamed Medley

Steamed Spinach

Roll or Cornbread

Dessert

Fig Crumb Bars (D)

Mixed Fruit

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WATERFALLS

Lunch Menu • Saturday, April 27, 2024

8 Credits

Starters

Minestrone (D)

Tomato Florentine (GF/DF/OF/VE)

House-Made Chili

Garden Salad Bar

Entrees

Open-Faced Roast Beef Sandwich (D)

Sliced beef, onions, mashed potatoes, and toasted bread.

Open-Faced Portobello Sandwich (DF/VE/A)

Portobello mushrooms, garlic, wine, sage, thyme, vegan mashed potatoes, vegan butter, soy milk, and toasted bread.

Note: Gluten-Free Bread Available on Request

Sides

Brown Rice

Steamed Vegetable Medley

Steamed Spinach

Roll or Cornbread

Dessert

Fig Crumb Bars (D)

Mixed Fruit

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(A) Contains Alcohol • (OF) Oil-Free