



WHITE OAK GRILL

Dinner Specials ~ Sunday, April 21, 2024

Soups Chef's Choice Entrees

Chicken Divan (D/A) 7

Chicken thighs, butter, onions, carrots, wine, cheese, broccoli, mashed potatoes (GF/D), and steamed green beans.

Brown Sugar Glazed Ham (GF/DF) 7

Ham, brown sugar, lemon juice, pineapple, Dijon mustard, mashed potatoes (GF/D), and steamed green beans.

Vegetable Bread Pudding (D/VG) 7

Butter, onions, garlic, fontina, assorted vegetables, parmesan, bread, eggs, and steamed green beans.

Dessert Chef's Choice 3 Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulée
- Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

(GF) Gluten Free • (VE) Vegan • (VG) Vegetarian • (D) Contains Dairy
(A) Contains Alcohol • (OF) Oil-Free



WHITE OAK GRILL

Dinner Specials ~ Monday, April 22, 2024

Soups

Cock-a-Leekie (GF/D) 2/3

Kale and White Bean (GF/DF/OF/VE) 2/3

Entrees

Ranchero Style Shrimp (GF/D) 7

Shrimp, paprika, garlic, butter, onions, tomatoes, lime, cilantro, arroz amarillo (GF/DF), and steamed cauliflower.

Carne Asada (GF/DF) 7

Flank steak, lime, orange, cilantro, garlic, cumin, arroz amarillo (GF/DF), and steamed cauliflower.

Ranchero Style Soy Curls (GF/DF/OF/VE) 7

Soy curls, paprika, garlic, onions, tomatoes, lime, cilantro, arroz amarillo (GF/DF), and steamed cauliflower.

Dessert

Chocolate Mint Cookie Pie (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brûlée
- Gluten-Free Chocolate Torte

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WHITE OAK GRILL

Dinner Specials ~ Tuesday, April 23, 2024

Soups

Polenta with Kale and Parmesan (GF/D/VG/A) 2/3

Mushroom Barley (DF/OF/VE) 2/3

Entrees

Pork Chops with Buttermilk Gravy (D) 7

Pork chops, flour, shallots, garlic, chicken stock, buttermilk, cream, scalloped potatoes (GF/D), and steamed asparagus.

Butter Crumb Baked Cod (D) 7

Cod, butter, Ritz crackers, scalloped potatoes (GF/D), and steamed asparagus.

Savory Stuffed Apples (GF/DF/OF/VE) 7

Apples, Rice-Chex, garlic, onions, celery, squash, tempeh, pine nuts, and steamed asparagus.

Dessert

Chocolate Mint Cookie Pie (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady



WHITE OAK GRILL

Dinner Specials ~ Wednesday, April 24, 2024

Soups

Creamy Potato and Bacon (D) 2/3

Greek Spinach (GF/DF/OF/VE) 2/3

Entrees

Garam Masala Chicken and Chutney (GF/DF/A) 7

Garam masala, chicken, cilantro, onion, ginger, coriander, lemon, coriander and cardamom spiced rice (GF/DF), and steamed carrots.

Pork Vindaloo (GF/DF) 7

Pork, cumin, peppercorns, cardamom, cinnamon, mustard, onions, ginger, garlic, coriander and cardamom spiced rice (GF/DF), and steamed carrots.

Garam Masala Tempeh and Chutney (GF/DF/OF/VE) 7

Garam masala, tempeh, cilantro, onion, ginger, coriander, lemon, coriander and cardamom spiced rice (GF/DF), and steamed carrots.

Dessert

Red Velvet Cake (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Thursday, April 25, 2024

Soups

Chicken and Dumpling (D) 2/3

Hungarian Mushroom (D/A/VG) 2/3

Entrees

Balsamic Basil Marinated Flank Steak (GF/DF) 7

Flank steak, balsamic, basil, parmesan and black pepper rice pilaf (GF/D), and steamed Brussels sprouts.

Salmon and Braised Leeks (GF/D) 7

Salmon, leeks, garlic, tarragon, lemon, butter, stock, parmesan and black pepper rice pilaf (GF/D), and steamed Brussels sprouts.

Eggplant Involtini (GF/DF/OF/VE) 7

Eggplant, tofu, cashew cheese, Rice-Chex, basil, tomato sauce, parmesan and black pepper rice pilaf (GF/D), and steamed Brussels sprouts.

Dessert

Red Velvet Cake (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Friday, April 26, 2024

Soups

New England Clam Chowder (D) 2/3

Mediterranean Split Pea (GF/DF/OF/VE) 2/3

Entrees

Mojo Chicken (GF/DF) 7

Chicken, garlic, mint, cilantro, citrus, cumin, Cuban black beans (GF/DF) and steamed zucchini and yellow squash.

Cuban Pork Roast (GF/DF) 7

Pork roast, cilantro, citrus, cumin, Cuban black beans (GF/DF), and steamed zucchini and yellow squash.

Vegan Cuban Picadillo (GF/DF/OF/VE) 7

Onions, capers, olives, oregano, cumin, tomatoes, mushrooms, Cuban black beans (GF/DF), and steamed zucchini and yellow squash.

Dessert

Blueberry Pie (D) 3

Always Available

Salads & Entrees

Caesar Salad
Garden Salad
Crunchy Salad
Chicken Breast
Salmon
Hot Dog
Hamburger
Veggie Burger

Sides

Steamed Spinach
Baked Russet/Sweet Potato
Cottage Cheese
French Fries
Sweet Potato Fries
Mixed Fruit
Chef's Choice Legume
Brown Rice
Steamed Vegetable Medley

Desserts

Ice Cream
Sugar-Free Ice Cream
Sorbet
Sugar-Free Dessert
Jello
Sugar-Free Jello
Crème Brulée
Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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WHITE OAK GRILL

Dinner Specials ~ Saturday, April 27, 2024

Soups

Minestrone (D) 2/3

Tomato Florentine (GF/DF/OF/VE) 2/3

Entrees

Lemon and Garlic Baked Sole (GF/DF) 7

Lemon, garlic, sole, wild rice pilaf (GF/DF), and steamed broccoli.

Lamb Shepherd's Pie (D/A) 7

Lamb, onions, carrots, celery, garlic, wine, butter, peas, mashed potatoes (GF/D), and steamed broccoli.

Vegan Shepherd's Pie (GF/DF/VE/A) 7

Onions, carrots, celery, garlic, mushrooms, wine, peas, vegan mashed potatoes, and steamed broccoli.

Dessert

Blueberry Pie (D) 3

Always Available

Salads & Entrees

- Caesar Salad
- Garden Salad
- Crunchy Salad
- Chicken Breast
- Salmon
- Hot Dog
- Hamburger
- Veggie Burger

Sides

- Steamed Spinach
- Baked Russet/Sweet Potato
- Cottage Cheese
- French Fries
- Sweet Potato Fries
- Mixed Fruit
- Chef's Choice Legume
- Brown Rice
- Steamed Vegetable Medley

Desserts

- Ice Cream
- Sugar-Free Ice Cream
- Sorbet
- Sugar-Free Dessert
- Jello
- Sugar-Free Jello
- Crème Brulee
- Gluten-Free Chocolate Torte

Beverages

Milk & Dairy: Skim Milk, 2% Milk, or Half & Half

Juice: Apple, Orange, Prune, Cranberry, or V8

Other: Coffee, Hot Tea, Iced Tea, Lemonade, Arnold Palmer, or Pink Lady

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