

# Nutrition Facts

Serving Size  
8.0 fl oz

Calories  
per serving **200**

Amount/serving	% DV	Amount/serving	% DV
<b>Total Fat</b> 2.5g	<b>3%</b>	<b>Total Carb.</b> 23g	<b>8%</b>
Saturated Fat 3g	<b>14%</b>	Fiber 4g	<b>15%</b>
<i>Trans Fat</i> 0g		Total Sugars 3g	
<b>Cholesterol</b> 30mg	<b>10%</b>	Incl.0g Added Sugars	<b>0%</b>
<b>Sodium</b> 860mg	<b>37%</b>	<b>Protein</b> 18g	
Vitamin D 0% · Calcium 2% · Iron 10% · Potassium 8%			

## Beef Barley Soup

Ingredients: beef chuck, yellow onion, pearly barley, yellow onion, carrot, celery, carrot, beef base, cornstarch, vegetable base, worcestershire sauce, low sodium beef base, paprika, black pepper, thyme, dried oregano, garlic powder, kosher salt

Contains Wheat