

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving **300**

Amount/serving	% DV
Total Fat 18g	23%
Saturated Fat 6g	31%
<i>Trans Fat</i> 0g	
Cholesterol 90mg	29%
Sodium 180mg	8%

Amount/serving	% DV
Total Carb. 10g	4%
Fiber 2g	6%
Total Sugars 5g	
Incl.0g Added Sugars	0%
Protein 26g	

Vitamin D 6% · Calcium 4% · Iron 10% · Potassium 15%

Cider Braised Pork

Ingredients: boneless pork shoulder, yellow onion, water, apple cider, garlic, thyme, black pepper, low sodium chicken base, ham base, cinnamon, honey crisp apple, rosemary, bay leaf