

Nutrition Facts

Serving Size

1.0 ea

Calories
per serving **610**

| Amount/serving | % DV | Amount/serving | % DV |
|---|-------------|------------------------|------------|
| Total Fat 41g | 52% | Total Carb. 26g | 10% |
| Saturated Fat 21g | 104% | Fiber 4g | 16% |
| <i>Trans Fat</i> 0g | | Total Sugars 3g | |
| Cholesterol 185mg | 61% | Incl.0g Added Sugars | 0% |
| Sodium 240mg | 11% | Protein 36g | |
| Vitamin D 4% · Calcium 10% · Iron 30% · Potassium 25% | | | |

Flank Steak with Gorgonzola Cream, Lemon and Dill Roasted Potatoes, Grilled Asparagus

Ingredients: beef, red potato, asparagus, yellow onion, grape seed oil, lemon juice, fresh dill, garlic, cornstarch, kosher salt, black pepper, dried dill

Contains Milk

Nutrition Facts

Serving Size

2.0 fl oz

Calories
per serving **240**

| Amount/serving | % DV | Amount/serving | % DV |
|-------------------------|------------|-----------------------|-----------|
| Total Fat 25g | 32% | Total Carb. 2g | 1% |
| Saturated Fat 16g | 78% | Fiber 0g | 0% |
| <i>Trans Fat</i> 0g | | Total Sugars 0g | |
| Cholesterol 85mg | 29% | Incl.0g Added Sugars | 0% |
| Sodium 75mg | 3% | Protein 1g | |

Vitamin D 2% · Calcium 4% · Iron 0% · Potassium 2%

Gorgonzola Cream Sauce

Ingredients: heavy cream, blue cheese crumbles cheese, unsalted butter, lemon juice, garlic, rosemary

Contains Milk

Nutrition Facts

Serving Size

4.0 oz (113g)

Calories
per serving **130**

| Amount/serving | % DV | Amount/serving | % DV |
|------------------------|-----------|------------------------|-----------|
| Total Fat 4g | 5% | Total Carb. 21g | 8% |
| Saturated Fat 0g | 0% | Fiber 3g | 9% |
| <i>Trans Fat</i> 0g | | Total Sugars 1g | |
| Cholesterol 0mg | 0% | Incl.0g Added Sugars | 0% |
| Sodium 90mg | 4% | Protein 2g | |

Vitamin D 0% · Calcium 2% · Iron 6% · Potassium 10%

Lemon & Dill Roasted Potatoes

Ingredients: red potato, yellow onion, grape seed oil, lemon juice, fresh dill, garlic, cornstarch, kosher salt, black pepper, dried dill