Nutrition	Amount/serving	% DV	Amount/serving	% DV
Facts	Total Fat 29g	37%	Total Carb. 7g	3%
	Saturated Fat 12g	62%	Fiber 0g	0%
Serving Size 5.0 oz (142g)	Trans Fat 0g		Total Sugars 4g	
	Cholesterol 100mg	33%	Incl.0g Added Sugars	0%
	Sodium 230mg	10%	Protein 16g	
Calories per serving 350	Vitamin D 6% · Calci	um 8% ·	Iron 6% · Potassium 6%	%

Grilled Chicken Alfredo

Ingredients: milk, chicken breast, unsalted butter, olive oil, white wine, flour, shallots, yellow onion, lemon juice, garlic, lemon zest, thyme, kosher salt, black pepper, white pepper

Contains Milk, Wheat