

Nutrition Facts

Serving Size
1.0 ea

Calories
per serving **820**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 46g	58%	Total Carb. 63g	23%
Saturated Fat 19g	94%	Fiber 6g	23%
<i>Trans Fat</i> 0g		Total Sugars 9g	
Cholesterol 120mg	40%	Incl.0g Added Sugars	0%
Sodium 1060m	46%	Protein 46g	
Vitamin D 0% · Calcium 8% · Iron 30% · Potassium 20%			

Lamb Curry, Basmati Rice, Naan, Moroccan Green Beans

Ingredients: boneless leg lamb, roasted tomatoes, green beans, flat naan bread, water, basamati rice, cardamom spice, yellow onion, coconut milk, olive oil, garlic, cilantro, black pepper, coriander, cinnamon, garam masala, fresh ginger, kosher salt, whole cloves, black pepper, turmeric, bay leaf

Contains Tree nuts (Coconut)

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving **470**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 34g	43%	Total Carb. 7g	3%
Saturated Fat 16g	82%	Fiber 2g	8%
<i>Trans Fat</i> 0g		Total Sugars 2g	
Cholesterol 115mg	39%	Incl.0g Added Sugars	0%
Sodium 260mg	11%	Protein 33g	
Vitamin D 0% · Calcium 4% · Iron 20% · Potassium 10%			

Lamb Curry

Ingredients: boneless leg lamb, roasted tomatoes, cardamom spice, coconut milk, water, yellow onion, olive oil, cilantro, garlic, black pepper, cinnamon, garam masala, coriander, fresh ginger, whole cloves, turmeric, bay leaf

Contains Tree nuts (Coconut)

Nutrition Facts

Serving Size
0.4 cup

Calories
per serving **40**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 0g	0%	Total Carb. 10g	4%
Saturated Fat 0g	0%	Fiber 0g	0%
<i>Trans Fat</i> 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 0mg	0%	Protein 3g	

Vitamin D 0% · Calcium 0% · Iron 2% · Potassium 2%

Basmati Rice

Ingredients: water, basamati rice

Nutrition Facts

Serving Size
4.0 oz (113g)

Calories
per serving **130**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 8g	10%	Total Carb. 14g	5%
Saturated Fat 1g	6%	Fiber 4g	15%
<i>Trans Fat</i> 0g		Total Sugars 6g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 350mg	15%	Protein 3g	

Vitamin D 0% · Calcium 4% · Iron 8% · Potassium 8%

Moroccan Green Beans

Ingredients: green beans, roasted tomatoes, yellow onion, olive oil, garlic, kosher salt, black pepper, coriander