

# Nutrition Facts

**Serving Size**  
8.0 fl oz

**Calories**  
per serving **80**

Amount/serving

% DV

**Total Fat** 0g

**0%**

**Saturated Fat** 0g

**0%**

*Trans Fat* 0g

**Cholesterol** 0mg

**0%**

**Sodium** 120mg

**5%**

Amount/serving

% DV

**Total Carb.** 16g

**6%**

**Fiber** 3g

**12%**

**Total Sugars** 3g

Incl.0g Added Sugars

**0%**

**Protein** 2g

Vitamin D 0% · Calcium 2% · Iron 4% · Potassium 4%

## Mushroom Barley Soup

**Ingredients:** water, mushroom, cremini, carrot, pearled barley, yellow onion, celery, low sodium vegetable base, worcestershire sauce, leek, thyme, garlic, bay leaf

**Contains Wheat**