

Nutrition Facts

Serving Size
4.0 oz (113g)

Calories
per serving **140**

Amount/serving	% DV
Total Fat 5g	6%
Saturated Fat 2g	9%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 120mg	5%

Amount/serving	% DV
Total Carb. 23g	8%
Fiber 5g	18%
Total Sugars 15g	
Incl.0g Added Sugars	0%
Protein 4g	

Vitamin D 0% · Calcium 6% · Iron 10% · Potassium 15%

Orange & Tahini Glazed Beets

Ingredients: red beets, orange juice, coconut milk, tahini, shallots, brown sugar, orange zest, parsley, garlic, thyme

Contains Sesame, Tree nuts (Coconut)