

Nutrition Facts

Serving Size
0.4 cup

Calories
per serving **70**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 5g	6%	Total Carb. 20g	7%
Saturated Fat .5g	3%	Fiber 1g	2%
<i>Trans Fat</i> 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 100mg	4%	Protein 2g	

Vitamin D 0% · Calcium 2% · Iron 2% · Potassium 2%

Almond Rice Pilaf

Ingredients: water, basamati rice, yellow onion, olive oil, slivered almonds, parsley, low sodium vegetable base, garlic, kosher salt, black pepper, bay leaf

Contains Tree nuts