Nutrition	Amount/serving	% DV	Amount/serving	% DV
Facts	Total Fat 6g	8%	Total Carb. 17g	6%
	Saturated Fat 4.5g	23%	Fiber 3g	12%
Serving Size 8.0 fl oz	Trans Fat 0g		Total Sugars 6g	
	Cholesterol 50mg	16%	Incl.0g Added Sugars	0%
	Sodium 290mg	13%	Protein 26g	
Calories per serving 240	Vitamin D 0% · Calc	ium 4% ·	Iron 15% · Potassium 1	0%

Beef & Vegetable Soup

Ingredients: water, beef chuck, yellow onion, roasted tomatoes, carrot, potatoes, pearl onion, yellow onion, green beans, red chard, low sodium beef base, olive oil, low sodium vegetable base, garlic, thyme, paprika, black pepper, garlic powder, kosher salt, rosemary, bay leaf