

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving 520

Amount/serving

% DV

Total Fat 22g

29%

Saturated Fat 13g

66%

Trans Fat 0g

Cholesterol 130mg

43%

Sodium 540mg

23%

Amount/serving

% DV

Total Carb. 8g

3%

Fiber 1g

4%

Total Sugars 3g

Incl.0g Added Sugars

0%

Protein 64g

Vitamin D 0% · Calcium 4% · Iron 30% · Potassium 15%

Beef Machaca

Ingredients: beef chuck, water, yellow onion, roasted tomatoes, olive oil, worcestershire sauce, green bell pepper, lime juice, green chili peppers, garlic, jalapeño pepper, low sodium beef base, low sodium chicken base, kosher salt, cumin, garlic powder, black pepper, coriander, chili powder, oregano