

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving 590

Amount/serving

% DV

Total Fat 39g

50%

Saturated Fat 16g

79%

Trans Fat 0g

Cholesterol 115mg

38%

Sodium 520mg

23%

Amount/serving

% DV

Total Carb. 43g

16%

Fiber 14g

50%

Total Sugars 6g

Incl.0g Added Sugars

0%

Protein 31g

Vitamin D 0% · Calcium 25% · Iron 35% · Potassium 20%

Berberé Braised Lamb

Ingredients: boneless leg lamb, red onion, water, allspice, whole cloves, unsalted butter, tomato paste, olive oil, green onion, cornstarch, low sodium beef base, garlic, yellow onion, granulated onion, kosher salt, paprika, garlic granulated spice, black pepper, cinnamon, fenugreek, besobela, kosseret spice, whole coriander seed, black pepper, black cardamom pods, nutmeg, coriander, black peppercorn, cinnamon, dried ginger, cumin, oregano, chile, de árbol (cayenne)

Contains Milk