

Nutrition Facts

Serving Size
3.0 oz (85g)

Calories
per serving 190

Amount/serving

% DV

Total Fat 15g

19%

Saturated Fat 9g

46%

Trans Fat 0g

Cholesterol 50mg

16%

Sodium 75mg

3%

Amount/serving

% DV

Total Carb. 11g

4%

Fiber 1g

2%

Total Sugars 0g

Incl.0g Added Sugars

0%

Protein 3g

Vitamin D 2% · Calcium 6% · Iron 4% · Potassium 2%

Creamy Polenta

Ingredients: heavy cream, water, coarse grind cornmeal, unsalted butter, parmesan cheese, yellow onion, garlic, thyme

Contains Milk