

Nutrition Facts

Serving Size
0.5 ea

Calories
per serving **290**

Amount/serving	% DV
Total Fat 4g	5%
Saturated Fat 3g	16%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 840mg	37%

Amount/serving	% DV
Total Carb. 31g	11%
Fiber 4g	14%
Total Sugars 6g	
Incl.0g Added Sugars	0%
Protein 16g	

Vitamin D 0% · Calcium 6% · Iron 8% · Potassium 15%

Linguica Stuffed Bell Peppers

Ingredients: roasted tomatoes, linguica sausage, red bell pepper, water, yellow onion, kale, brown rice, grape seed oil, low sodium chicken base, parsley, garlic, kosher salt, thyme, marjoram spice, paprika hungarian ground spice, coriander