

Nutrition Facts

Serving Size
8.0 fl oz

Calories
per serving **140**

Amount/serving

% DV

Total Fat .5g

1%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 190mg

8%

Amount/serving

% DV

Total Carb. 25g

9%

Fiber 4g

13%

Total Sugars 3g

Incl.0g Added Sugars

0%

Protein 7g

Vitamin D 0% · Calcium 2% · Iron 15% · Potassium 8%

Bavarian Lentil Soup

Ingredients: brown lentil, russet potatoes, carrot, celery, low sodium vegetable base, yellow onion, leek, white distilled vinegar, sugar, thyme, kosher salt, black pepper, nutmeg, bay leaf