

# Nutrition Facts

**Serving Size**  
**3.0 oz (85g)**

**Calories**  
**per serving 110**

Amount/serving

% DV

**Total Fat** 2.5g

**3%**

**Saturated Fat** 1.5g

**7%**

*Trans Fat* 0g

**Cholesterol** 5mg

**1%**

**Sodium** 440mg

**19%**

Amount/serving

% DV

**Total Carb.** 16g

**6%**

**Fiber** 3g

**10%**

**Total Sugars** 5g

**Incl.0g Added Sugars**

**0%**

**Protein** 6g

Vitamin D 0% · Calcium 2% · Iron 6% · Potassium 15%

Calabacitas

Ingredients: zucchini squash, roasted tomatoes, fresh corn, yellow onion, cotija cheese, jalapeño pepper, olive oil, cilantro, kosher salt, black pepper, oregano, garlic

Contains Milk