Nutrition	Amount/serving	% DV	Amount/serving	% DV
Facts	Total Fat 40g	52%	Total Carb. 18g	7%
	Saturated Fat 21g	104%	Fiber 4g	15%
	Trans Fat 0g		Total Sugars 7g	
Serving Size 6.0 oz (170g)	Cholesterol 145mg	48%	Incl.0g Added Sugars	0%
	Sodium 910mg	40%	Protein 47g	
Calories per serving 620	Vitamin D 8% · Calci	um 10%	· Iron 25% · Potassium	20%

## Coconut Braised Pork Roast

Ingredients: pork shoulder, yellow onion, coconut milk, water, brown sugar, garlic, fresh ginger, thyme, kosher salt, black pepper, garlic powder, low sodium chicken base, ham base, onion powder, smoked paprika, coriander, allspice, marjoram spice, cinnamon, nutmeg, ground cloves, cayenne pepper, cumin, New Mexican chili pepper Contains Tree nuts (Coconut)