

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving 390

Amount/serving

% DV

Total Fat 28g

36%

Saturated Fat 10g

49%

Trans Fat 0g

Cholesterol 95mg

32%

Sodium 180mg

8%

Amount/serving

% DV

Total Carb. 6g

2%

Fiber 1g

4%

Total Sugars 1g

Incl.0g Added Sugars

0%

Protein 27g

Vitamin D 0% · Calcium 2% · Iron 15% · Potassium 10%

Lamb Tagine

Ingredients: boneless shoulder lamb, water, roasted tomatoes, yellow onion, olive oil, seedless raisins, cilantro, low sodium chicken base, garlic, fresh ginger, turmeric, black pepper, cinnamon, dried ginger, coriander, nutmeg, bay leaf, saffron