

Nutrition Facts

Serving Size
0.4 cup

Calories
per serving 140

Amount/serving

% DV

Total Fat 4.5g

6%

Saturated Fat .5g

3%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 100mg

4%

Amount/serving

% DV

Total Carb. 20g

7%

Fiber 1g

2%

Total Sugars 1g

Incl.0g Added Sugars

0%

Protein 2g

Vitamin D 0% · Calcium 2% · Iron 4% · Potassium 2%

Almond Rice Pilaf

Ingredients: water, basamati rice, yellow onion, olive oil, slivered almonds, parsley, low sodium vegetable base, garlic, kosher salt, black pepper, bay leaf

Contains Tree nuts