

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving **580**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 22g	28%	Total Carb. 11g	4%
Saturated Fat 14g	72%	Fiber 2g	8%
Trans Fat 0g		Total Sugars 5g	
Cholesterol 145mg	49%	Incl. 0g Added Sugars	0%
Sodium 890mg	39%	Protein 73g	

Vitamin D 0% · Calcium 4% · Iron 30% · Potassium 20%

Beef Grillades

Ingredients: beef, water, roasted tomatoes, celery, diced onion, green bell pepper, red wine, olive oil, worcestershire sauce, low sodium chicken base, cajun seasoning, garlic, kosher salt, black pepper, oregano, thyme, dried basil, bay leaf