

# Nutrition Facts

Serving Size  
5.0 oz (142g)

Calories  
per serving **350**

Amount/serving	% DV	Amount/serving	% DV
<b>Total Fat</b> 11g	<b>15%</b>	<b>Total Carb.</b> 3g	<b>1%</b>
Saturated Fat 3.5g	<b>18%</b>	Fiber 1g	<b>3%</b>
<i>Trans Fat</i> 0g		Total Sugars 1g	
<b>Cholesterol</b> 45mg	<b>15%</b>	Incl.0g Added Sugars	<b>0%</b>
<b>Sodium</b> 520mg	<b>22%</b>	<b>Protein</b> 17g	

Vitamin D 0% · Calcium 2% · Iron 4% · Potassium 2%

## Beef Medallions with Roasted Tomato Chimichurri

Ingredients: beef shoulder roast, tomato, olive oil, red bell pepper, parsley, lemon juice, red wine vinegar, shallots, kosher salt, cilantro, garlic, black pepper, dried oregano, red chili flakes, smoked paprika