

Nutrition Facts

Serving Size
0.4 cup

Calories
per serving **130**

Amount/serving

% DV

Total Fat 3.5g

4%

Saturated Fat .5g

3%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 140mg

6%

Amount/serving

% DV

Total Carb. 21g

8%

Fiber 1g

3%

Total Sugars 1g

Incl. 0g Added Sugars

0%

Protein 2g

Vitamin D 0% · Calcium 0% · Iron 4% · Potassium 2%

Carrot & Coriander Rice Pilaf

Ingredients: water, basamati rice, carrot, yellow onion, olive oil, low sodium vegetable base, garlic, kosher salt, coriander, black pepper