Nutrition	Amount/serving	% DV	Amount/serving	% DV
Facts	Total Fat 16g	21%	Total Carb. 27g	10%
	Saturated Fat 9g	44%	Fiber 2g	8%
Serving Size 8.0 fl oz	Trans Fat 0g		Total Sugars 4g	
	Cholesterol 55mg	19%	Incl.0g Added Sugars	0%
	Sodium 310mg	13%	Protein 10g	
Calories per serving 290	Vitamin D 2% · Calc	ium 8% ·	Iron 10% · Potassium 6	6%

## Chicken & Dumpling Soup

Ingredients: water, chicken, peas, flour, yellow onion, unsalted butter, carrot, celery, buttermilk milk, low sodium chicken base, parsley, baking powder, garlic, ground mustard, kosher salt, turmeric, thyme, black pepper, baking soda, chives

Contains Milk, Wheat