

Nutrition Facts

Serving Size
4.0 oz (113g)

Calories
per serving **300**

Amount/serving	% DV	Amount/serving	% DV
Total Fat 18g	23%	Total Carb. 12g	4%
Saturated Fat 5g	25%	Fiber 1g	5%
<i>Trans Fat</i> 0g		Total Sugars 6g	
Cholesterol 95mg	32%	Incl.0g Added Sugars	0%
Sodium 320mg	14%	Protein 22g	
Vitamin D 0% · Calcium 4% · Iron 10% · Potassium 10%			

Cider Braised Chicken

Ingredients: chicken thighs, yellow onion, apple cider, chicken stock, carrot, celery, cornstarch, thyme, garlic, rosemary, bay leaf

Contains Wheat