

Nutrition Facts

Serving Size
1.0 ea

Calories
per serving **140**

Amount/serving

% DV

Total Fat 0g

0%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 330mg

14%

Amount/serving

% DV

Total Carb. 28g

10%

Fiber 3g

12%

Total Sugars 5g

Incl.0g Added Sugars

0%

Protein 6g

Vitamin D 0% · Calcium 2% · Iron 4% · Potassium 4%

Couscous Stuffed Portobello Mushrooms

Ingredients: portabello mushroom, roasted red pepper, water, artichoke, couscous, shallots, low sodium vegetable base, thyme, kosher salt, black pepper

Contains Wheat