

Nutrition Facts

Serving Size
0.4 cup

Calories
per serving **100**

Amount/serving

% DV

Total Fat .5g

1%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 85mg

4%

Amount/serving

% DV

Total Carb. 21g

8%

Fiber 1g

4%

Total Sugars 1g

Incl.0g Added Sugars

0%

Protein 2g

Vitamin D 0% · Calcium 2% · Iron 4% · Potassium 2%

Garlic & Herb Brown Rice

Ingredients: water, brown rice, garlic, low sodium vegetable base, shallots, thyme, parsley, rosemary, bay leaf