

Nutrition Facts

Serving Size
3.0 oz (85g)

Calories
per serving 180

Amount/serving

% DV

Total Fat 11g

14%

Saturated Fat 3.5g

18%

Trans Fat 0g

Cholesterol 10mg

4%

Sodium 270mg

12%

Amount/serving

% DV

Total Carb. 11g

4%

Fiber 4g

14%

Total Sugars 0g

Incl.0g Added Sugars

0%

Protein 11g

Vitamin D 0% · Calcium 15% · Iron 20% · Potassium 10%

Garlic Buttered Edamame

Ingredients: edamame, unsalted butter, yellow onion, garlic, black sesame seeds, kosher salt, cayenne pepper

Contains Milk, Sesame, Soy