Facts	Total Fat 10g	13%	Total Carb. 15g	6%
	Saturated Fat 9g	46%	Fiber 4g	13%
	Trans Fat 0g		Total Sugars 3g	
Serving Size 8.0 fl oz	Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
	Sodium 100mg	4%	Protein 4g	
Calories per serving 160	Vitamin D 0% · Calc	ium 6% ·	Iron 6% · Potassium 10	%
Crook Spingob Soup				

Amount/serving

% DV

Amount/serving

% DV

Greek Spinach Soup

Nutrition

Ingredients: water, coconut milk, spinach, gold potatoes, yellow onion, celery, green onion, low sodium vegetable base, thyme, garlic, coriander, allspice berries, bay leaf Contains Tree nuts (Coconut)