

Nutrition Facts

Serving Size
4.0 oz (113g)

Calories
per serving 50

Amount/serving

% DV

Total Fat 3g

4%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 170mg

7%

Amount/serving

% DV

Total Carb. 5g

2%

Fiber 2g

9%

Total Sugars 2g

Incl.0g Added Sugars

0%

Protein 3g

Vitamin D 0% · Calcium 2% · Iron 15% · Potassium 6%

Grilled Asparagus

Ingredients: asparagus, olive oil, kosher salt, black pepper