

Nutrition Facts

Serving Size
4.0 oz (113g)

Calories
per serving **160**

| Amount/serving | % DV | Amount/serving | % DV |
|---|------------|------------------------|-----------|
| Total Fat 6g | 8% | Total Carb. 23g | 8% |
| Saturated Fat 4g | 20% | Fiber 2g | 9% |
| <i>Trans Fat</i> 0g | | Total Sugars 1g | |
| Cholesterol 20mg | 6% | Incl.0g Added Sugars | 0% |
| Sodium 150mg | 6% | Protein 3g | |
| Vitamin D 0% · Calcium 4% · Iron 4% · Potassium 10% | | | |

Mashed Potatoes

Ingredients: potatoes, gold potatoes, cream, unsalted butter, kosher salt, white pepper

Contains Milk