

Nutrition Facts

Serving Size
8.0 fl oz

Calories
per serving **120**

Amount/serving

% DV

Total Fat 1.5g

2%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 210mg

9%

Amount/serving

% DV

Total Carb. 21g

8%

Fiber 5g

19%

Total Sugars 2g

Incl. 0g Added Sugars

0%

Protein 7g

Vitamin D 0% · Calcium 4% · Iron 10% · Potassium 6%

Mulligatawny Soup

Ingredients: water, garbanzo beans, red lentils, carrot, yellow onion, lemon juice, cilantro, cumin, curry powder, ground coriander, garlic, kosher salt, fresh ginger, cayenne pepper