

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving 210

Amount/serving	% DV
Total Fat 4g	5%
Saturated Fat 3g	15%
<i>Trans Fat</i> 0g	
Cholesterol 105mg	35%
Sodium 170mg	7%

Amount/serving	% DV
Total Carb. 1g	1%
Fiber 0g	0%
Total Sugars 1g	
Incl.0g Added Sugars	0%
Protein 0g	

Vitamin D 0% · Calcium 0% · Iron 0% · Potassium 0%

Mustard & Dill Baked Rockfish

Ingredients: rockfish, lemon juice, unsalted butter, yellow gallon mustard, granulated sugar, dried dill, garlic powder

Contains Milk