

Nutrition Facts

Serving Size
5.0 oz (142g)

Calories
per serving 300

Amount/serving

% DV

Total Fat 7g

9%

Saturated Fat 2g

10%

Trans Fat 0g

Cholesterol 90mg

31%

Sodium 240mg

10%

Amount/serving

% DV

Total Carb. 29g

11%

Fiber 3g

10%

Total Sugars 20g

Incl.0g Added Sugars

0%

Protein 30g

Vitamin D 2% · Calcium 4% · Iron 10% · Potassium 15%

Pork Medallions with Pear & Cranberry Chutney

Ingredients: pork tenderloin, bosc pear, fresh cranberries, brown sugar, orange juice, apple cider, seedless raisins, maple syrup, olive oil, kosher salt, orange zest, black pepper, cinnamon, thyme, black pepper, whole cloves, allspice