

Nutrition Facts

Serving Size
1.0 ea

Calories
per serving **200**

Amount/serving

% DV

Total Fat 5g

7%

Saturated Fat .5g

3%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 125mg

6%

Amount/serving

% DV

Total Carb. 38g

14%

Fiber 6g

20%

Total Sugars 23g

Incl.0g Added Sugars

0%

Protein 4g

Vitamin D 0% · Calcium 2% · Iron 6% · Potassium 8%

Savory Stuffed Apples

Ingredients: braeburn apple, butternut squash, tempeh, rice chex, water, pine nuts, yellow onion, celery, garlic, low sodium vegetable base, kosher salt, thyme, sage, black pepper

Contains Soy, Tree nuts (Pine Nut/Pinon Nut)