

# Nutrition Facts

6.0 oz (170g)

**Calories**  
per serving **290**

Amount/serving

% DV

**Total Fat** 17g

**22%**

**Saturated Fat** 13g

**66%**

*Trans Fat* 0g

**Cholesterol** 0mg

**0%**

**Sodium** 240mg

**10%**

Amount/serving

% DV

**Total Carb.** 25g

**9%**

**Fiber** 8g

**29%**

**Total Sugars** 7g

**Incl.0g Added Sugars**

**0%**

**Protein** 11g

Vitamin D 0% · Calcium 4% · Iron 4% · Potassium 6%

Soy Curl Fricassee

Ingredients: water, coconut milk, peas, carrot, celery, soy curls, yellow onion, cornstarch, low sodium vegetable base, kosher salt

Contains Tree nuts (Coconut)