

# Nutrition Facts

Serving Size  
1.0 ea

Calories  
per serving **770**

| Amount/serving   | % DV        | Amount/serving         | % DV       |
|--|-------------|------------------------|------------|
| <b>Total Fat</b> 38g                                   | <b>48%</b>  | <b>Total Carb.</b> 24g | <b>9%</b>  |
| Saturated Fat 20g                                      | <b>101%</b> | Fiber 10g              | <b>34%</b> |
| <i>Trans Fat</i> 0g                                    |             | Total Sugars 4g        |            |
| <b>Cholesterol</b> 150mg                               | <b>50%</b>  | Incl.0g Added Sugars   | <b>0%</b>  |
| <b>Sodium</b> 990mg                                    | <b>43%</b>  | <b>Protein</b> 39g     |            |
| Vitamin D 15% · Calcium 25% · Iron 25% · Potassium 30% |             |                        |            |

Beef Medal. with Mushroom & Bacon, Scalloped Potatoes, & Roasted Asparagus

Ingredients: beef shoulder roast, asparagus, russet potato, shitake mushroom, heavy cream, mushroom, cremini, bacon, gruyere cheese, parmesan cheese, olive oil, balsamic vinegar, unsalted butter, shallots, kosher salt, black pepper, thyme, garlic, white pepper

Contains Milk

# Nutrition Facts

Serving Size  
5.0 oz (142g)

Calories  
per serving **360**

| Amount/serving                                       | % DV       | Amount/serving        | % DV       |
|--|------------|-----------------------|------------|
| <b>Total Fat</b> 10g                                 | <b>13%</b> | <b>Total Carb.</b> 4g | <b>2%</b>  |
| Saturated Fat 6g                                     | <b>28%</b> | Fiber 5g              | <b>17%</b> |
| <i>Trans Fat</i> 0g                                  |            | Total Sugars 1g       |            |
| <b>Cholesterol</b> 60mg                              | <b>21%</b> | Incl.0g Added Sugars  | <b>0%</b>  |
| <b>Sodium</b> 530mg                                  | <b>23%</b> | <b>Protein</b> 23g    |            |
| Vitamin D 10% · Calcium 0% · Iron 6% · Potassium 15% |            |                       |            |

## Beef Medallions with Forest Mushroom & Bacon Medley

Ingredients: beef shoulder roast, shitake mushroom, mushroom, cremini, bacon, balsamic vinegar, unsalted butter, shallots, kosher salt, black pepper, thyme, garlic, white pepper

Contains Milk

# Nutrition Facts

**Serving Size**  
4.0 oz (113g)

**Calories**  
per serving **380**

| Amount/serving                                       | % DV       | Amount/serving         | % DV      |
|--|------------|------------------------|-----------|
| <b>Total Fat</b> 28g                                 | <b>36%</b> | <b>Total Carb.</b> 19g | <b>7%</b> |
| Saturated Fat 17g                                    | <b>85%</b> | Fiber 2g               | <b>7%</b> |
| <i>Trans Fat</i> 0g                                  |            | Total Sugars 1g        |           |
| <b>Cholesterol</b> 100mg                             | <b>33%</b> | Incl.0g Added Sugars   | <b>0%</b> |
| <b>Sodium</b> 350mg                                  | <b>15%</b> | <b>Protein</b> 13g     |           |
| Vitamin D 4% · Calcium 30% · Iron 6% · Potassium 10% |            |                        |           |

Scalloped Potatoes

Ingredients: russet potato, heavy cream, gruyere cheese, parmesan cheese, kosher salt, black pepper

Contains Milk

# Nutrition Facts

**Serving Size**  
4.0 oz (113g)

**Calories**  
per serving **60**

| Amount/serving                                      | % DV      | Amount/serving        | % DV      |
|---|-----------|-----------------------|-----------|
| <b>Total Fat</b> 4.5g                               | <b>6%</b> | <b>Total Carb.</b> 4g | <b>2%</b> |
| Saturated Fat .5g                                   | <b>3%</b> | Fiber 2g              | <b>9%</b> |
| <i>Trans Fat</i> 0g                                 |           | Total Sugars 2g       |           |
| <b>Cholesterol</b> 0mg                              | <b>0%</b> | Incl.0g Added Sugars  | <b>0%</b> |
| <b>Sodium</b> 85mg                                  | <b>4%</b> | <b>Protein</b> 3g     |           |
| Vitamin D 0% · Calcium 2% · Iron 15% · Potassium 6% |           |                       |           |

Roasted Asparagus

Ingredients: asparagus, olive oil, kosher salt, black pepper