

# Nutrition Facts

**Serving Size**  
3 fl oz

**Calories**  
per serving **80**

Amount/serving

% DV

**Total Fat** 5g

**6%**

Saturated Fat 3g

**15%**

*Trans Fat* 0g

**Cholesterol** 15mg

**5%**

**Sodium** 125mg

**5%**

Amount/serving

% DV

**Total Carb.** 10g

**3%**

Fiber 1g

**3%**

Total Sugars 1g

Incl.0g Added Sugars

**0%**

**Protein** 2g

Vitamin D 0% · Calcium 2% · Iron 2% · Potassium 4%

Creamed Corn

Ingredients: corn, cream, water, yellow onion, heavy cream, unsalted butter, garlic, low sodium vegetable base, kosher salt, black pepper, rosemary, thyme, chives

Contains Milk