

Nutrition Facts

Serving Size
8.0 fl oz

Calories
per serving **110**

Amount/serving	% DV	Amount/serving	% DV
Total Fat .5g	1%	Total Carb. 21g	8%
Saturated Fat 0g	0%	Fiber 5g	16%
<i>Trans Fat</i> 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Incl.0g Added Sugars	0%
Sodium 260mg	11%	Protein 6g	

Vitamin D 0% · Calcium 4% · Iron 10% · Potassium 8%

Lentil & Root Vegetable Soup

Ingredients: roasted tomatoes, green lentils, yellow onion, kohlrabi, parsnip, celery root, turnips, carrot, celery, low sodium vegetable base, red wine vinegar, garlic, kosher salt, white pepper, coriander