

Nutrition Facts

Serving Size
5.3 oz (151g)

Calories
per serving 90

Amount/serving

% DV

Total Fat 1g

1%

Saturated Fat 0g

0%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 360mg

16%

Amount/serving

% DV

Total Carb. 18g

6%

Fiber 6g

23%

Total Sugars 8g

Incl.0g Added Sugars

0%

Protein 4g

Vitamin D 0% · Calcium 4% · Iron 8% · Potassium 10%

Spiced Eggplant Stuffed Peppers

Ingredients: eggplant, red bell pepper, roasted tomatoes, garbanzo beans, yellow onion, garlic, cumin, paprika, kosher salt, coriander, black pepper