

SNF, Health Center & Nurse Station

Week: 11/17-11/23

Open 4PM - 6PM

Dinner	Entrée 1	Entrée 2	Vegetarian Entrée	Starch	Vegetable	Dessert
Sunday	Chicken Margherita	Beef Medallions w/ Red Wine Demi	Roasted Vegetable Primavera w/ GF Penne	Creamy Polenta	Peas	Chef's Choice
Monday	Lemongrass & Garlic Braised Chicken Thighs	Firecracker Shrimp	Lemongrass & Garlic Grilled Tofu	Cilantro Lime Rice	Broccoli	Cookies & Cream Pie
Tuesday	Andouille Stuffed Bell Peppers	Cajun Meatloaf	Vegan Cajun Tofu Stuffed Bell Peppers	Cumin Roasted Sweet Potatoes	Brussels Sprouts	Cookies & Cream Pie
Wednesday	Smothered Pork Chops	Roasted Sole w/ Pancetta Cream	Lentil & Vegetable Loaf w/ Tomato Relish	Smashed Red Bliss Potatoes	Cauliflower	Chocolate Chip Cookie & Milk Mousse Cake
Thursday	Creamy Lemon Romano Chicken	Grilled Salmon w/ Saffron Cream Sauce	Vegan Quinoa & Artichoke Stuffed Portobello Mushrooms	Mediterranean Yellow Rice	Asparagus	Black Forest Cake
Friday	Sun-Dried Tomato & Caper Crumb Cod	Grilled Flank Steak w/ Balsamic Peppers & Onions	Spinach & Squash Lasagna	Herb Roasted New Potatoes	Carrots & Parsnips	Blueberry Pie
Saturday	Blackberry Balsamic Glazed Chicken	Pork Loin w/ Fig Gastrique	Spanakopita Stuffed Peppers	Twice Baked Potatoes	Zucchini & Yellow Squash	Blueberry Pie
Salad/Soup	• Soup du Jour • Garden • Crunchy • Caesar Salad • Cottage Cheese • Fruit •					
Alt Dinner Entrée	• Hamburger • Hot Dog • Tuna Salad • Egg Salad • Grilled Chicken Breast • Veggie Burger • Gardein Chick'n •					
Alt Sides	• Baked Russet Potato • Baked Sweet Potato • Steamed Spinach • Brown Rice • French Fries					
Alt Desserts	• Ice Cream • Sugar Free Ice Cream • Sorbet • Sugar Free Dessert • Gelatin • Sugar Free Gelatin •					